

	FBQ	involves the right to be protected from any act that interferes with privacy.	Right to privacy			eExam
	FBQ	Right to express ideas, opinions and thoughts on any issues are examples of right to	Freedom of communication			eExam
)	FBQ	Right to a name, family and nationality are examples of right to	Identity			eExam
	FBQ	Six specific rights of a child are	Right to life, Freedom of association, Right to identity, Right to freedom of communication, Right to privacy, Right to leisure and recreation	Right to education, Right to good health, Right toi freedom of discrimination, Right to protection against exploitation and inhuman treatment		eExam
	FBQ	A right is a natural due, a moral claim or a entitlement	Legal	18		eExam
	FBQ	A child is any human being who is below the age of years.	Eighteen			eExam
	FBQ	provide liaison with medical personnel on one hand, and with children, teachers and parents on the other hand, they stimulate support for and give direction to all phases of the school health programme.	Nurses			еЕхат
	FBQ	People who detect speech problems in children are called	Speech therapist			eExam

FBQ	Personnel that helps in detecting deviant behaviours from the normal are called	Psychologist			eExam
FBQ	The personnel that play vital role in observation and detection of health problems in school children are	Teachers			eExam
FBQ	Four minor disorders in pregnancy are	Morning sickness ,Oedema , Heart burn , Constipation	viginal Discharge , Cramp		eExam
FBQ	Four causes of maternal mortality include	Anaemia ,Nutritional deficiency , Abnormal haemoglobin , Obstructed labour	Rupture of uterus , Eclampsia ,cardia failure ,aemophage ,Acute renal failure ,Asphyxia ,Post operative complication , Abortion ,Hepatic Coma		eExam
FBQ	Four aims and objectives of Antenatal Health care for pregnantn women include	prepare for normal labour and delivery , Prepare for successful lactation ,Prepare for proper care of child, give pregnant women toxoid to preent tetanus in both mother and child	reduce or preent maternal mobidity and mortality , for proper health education		eExam
FBQ	Pregnancy starts when the ovum combines with the sperm, this union is called	Fertilization			eExam

FBQ	the process by which a new individual develops in a woman's uterus is called	Pregnancy			eExam
FBQ	_are the organic regulators which help in blood clotting and functions as enzymes for energy production	Vitamins			eExam
FBQ	The energy giving foods are called	Carbohydrates			eExam
FBQ	is associated with the reproductive health care services given to the pregnant women.	Welbeing	Health		еЕхат
FBQ	Anthropometric assessment is concerned with the assessment/mearement of the height, weight and of children	Body composition			eExam
FBQ	The observation of physical appearance of students and their personal hygiene is called	Health Inspection			eExam
FBQ	The school health services that covers tests of vision, hearing and physical fitness is called	Health Screening			еЕхат
FBQ	An evaluation of current health status of school children, which is a process that seeks to determine the total health status of children is called	Health Appraisal			eExam
FBQ	is part of the school health programme that appraise, protect, maintain and promote the health of the pupils/students and the school personnel.	School Health Services			eExam

FBQ	Dental examination is the procedure that aims at taking care of mouth and of school children	Teeth			eExam
FBQ	Four adverse effects of malnutrition in early years are:	Impair brain development, poor cogntive development, high level of child mortality,brain damage	High percentage of premature death, diarrhea in children, Negative educational output ,severe stunting in children , Diminished learning capacity - Impairs cognitive development		eExam
FBQ	Provision of drugs/vaccines for treatment of certain illness or health problems affecting school children is the collaborative responsibility of the	home ,school			eExam
FBQ	four determinants of a childs health are:	Nutrition, Personal hygience, heredity, medical care	Biological factor, Health care, parental care		eExam
FBQ	Two advntages of abstinency are and	A completely safe method , It cost nothing and easy to obtain			eExam
FBQ	Total abstinence is an example ofmethod of family planning	Traditional family planing			eExam

FBQ	The family planning methods are grouped into	Traditional method , Barrier methods , reversal methods , Permanent methods			еЕхат
FBQ	Those attempts made by couples to control fertility is called	family planning			eExam
FBQ	The period that begins with the opening of the cervix and ends with delivery of placenta is called	labour			еЕхат
FBQ	Four areas of coverage in the health education of pregnant women are	Posture and dressing , nutrition , Care of the baby , Preparation for child delivery	Signs and symptoms of labour -,Exercise, rest, sleep and recreation ,Breast feeding, Food hygiene , Personal and environmental hygiene , What the woman should do during labour		eExam
FBQ	Four Causes of still birth includes	Post maturity placenta deficiency ,Accident that affect abdomen ,Eclampsia , drugs	Cord anoxia , severe anaemia , placenta privia		eExam
FBQ	A situation where a child is born, already dead in the uterus is called	Still birth			еЕхат

FBQ	Four major disorders in pregnancy are	Excessive Vommitting ,Dehydration , Eclampsia ,Hypertension			eExam
FBQ	USAID means	United States Agency for International Development			еЕхат
FBQ	UNICEF means	United Nations International Children Emergency Fund.			eExam
FBQ	Six effects of child abuse on the society are	High rate of crime, Social and economic instability, Political and religious crises, Insecurity, High incidence of HIV/AIDS, STDs/STIs			eExam
FBQ	Six causes of child abuse include	Poverty and economic factor, Religious factors, Cultural factors, ignorance, Greediness, psychological Factors	Disrespect for Human dignitity.		eExam

FI FI	FBQ	Six forms of child abuse includes	Child labour, Child sale or traffiking, sexual exploitation, Child marriage, Child descrimination, Child neglect	Abortion, depriving freedom of association, depriving right to life, Depriving right to identity, depriving right to education, depriving right to education, depriving right to good health, Depriving right to leisure and recreation, Exposing child to conditions that are harmful to physical and mental growth, denial of good feeding, Depriving medical		eExam
				attention, Using Children for hawking, alms begging		
FI	FBQ	Any treatment that is detrimental/ or harmful to the child's physical, mental, social and moral health constitutes	Child abuse			eExam
□ FI	FBQ	Child abuse refers to	Violation of any child right			eExam
FI	FBQ	Two roles of government with regards to childs right to education are	Make basic education free for all children, Encourage development of diferent forms of secondary education and vocational	Provide educational and vocational information to guide children in school, Make higher education accessible to all children		eExam

FBQ	The two roles of government with regards to the child's right to identity are	Enforcement of registration of all births ,reservation and protection of identity of each child as provided by the laws			eExam
FBQ	means every child is entitled to receive free and compulsory basic education, equal opportunity for higher education based on individual ability.	Right to Education			eExam
FBQ	The highest organisation that coordinates health programmes all over the world is	World Health Organisation (WHO)			eExam
FBQ	Periodic examination of school children through health appraisal is reffered to as	Medical Examination			еЕхат
FBQ	Any maltreatment of a child that is detrimental or harmful to his /her physical, mental, social and moral health is called	Child abuse			еЕхат
FBQ	Those who help to corect speech defects in children are called	Speech therapist			еЕхат
FBQ	serve as consultants who plan eating programmes which are geared towards the needsof individual students	Nutritionists			eExam
FBQ	provide liason with medical personnel, school children, teachers and parents,m stimulate support and give direction to all phases of the school health programme	Nurses			eExam

FBQ	Those procedures that measure pupils' motor skills, muscle strength, heart endurance, flexibility and power is called	Physical Fitness tests					eExam
FBQ	The immediate treatment given to an injured child before drawing the attention of the parents or securing proper medical care is called	First aid treatment	Emergency care				eExam
FBQ	When the school makes arrangement to send sick students to other health centres due to complexity of the condition which the school may not be able to handle, this is referred to as	Refferal Service					eExam
FBQ	The schol health service that involves provison of ambulance for the transportation of victims of health circumstances to the hospital or home is called	Ambulatory Service					еЕхат
MCQ	Benefits of family planning includes	Provides better health	Provides better condition of living	reduces juvenile delinquency	All of the above	D	eExam
MCQ	Which of this condition requires close medical attention during pregnancy	Missed period	Breast enlargment	Convultion	Nausea	С	eExam
MCQ	The process in which a new individual develops in a womans uterus is called	Ovulation	Pregnancy	Ovary	Spermatozoa	В	eExam
MCQ	Signs of pregnancy includes	Malaria	Diseases	Headache	Nausea	D	eExam
MCQ	The procedure that is carried out to determine healthy growth and development of children is called	Health evaluation	Health counselling	Medical examination	Health inspection	A	eExam
MCQ	Anthropometric assessment is concerned with	Measurement of body fat, eyes, and ears	Measurement of sight and length	Measurement of height, weight and body composition	All of the above	С	eExam

MCQ	Care given to children in case of accident or sudden illness is called	Health appraisal	Health care	Emergency care	prompt care	С	eExam
MCQ	Observation of physical appearance and body cleanlines of pupib is called	Health inspection	Health diagnosis	Health counselling	Medical examination	A	eExam
MCQ	The aspect of school health programme that covers vision and hearing tests is called	Health Services	Health inspection	Health counselling	Health screening	D	eExam
MCQ	Pregnancy starts with fertilization of the	Sperm	Uterus	Ovum	Fallopian tube	С	eExam
MCQ	A situation where a child is born already dead is called	Still birth	Stale birth	Stunt birth	Stimulated birth	А	eExam
MCQ	Placenta privia can cause	Still birth	Stale birth	Stunt birth	Stimulated birth	А	eExam
MCQ	Attempts made by couples to control fertility is called	Fertility control	Family control	Family planning	Ferminine planning	С	eExam
MCQ	Health education for pregnant women should include	Nutrition and baby care	Personal and environmental hygiene	All of the above	None of the above	С	eExam
MCQ	The part of school health programme that appraise, protect, maintain and promote the health of pupils/students is called	School health programme	School health services	School health living	School health organisation	В	eExam
MCQ	To prevent children from diseases, classrooms need	Adequate cross ventilation	Adequate tables and chairs	Adequate supervision	Adequate inspection	A	eExam
MCQ	Checking for abnormaliities in the teeth, gun and month of children is called.	Dental examination	mouth examination	Teeth examination	gum examination	A	eExam
MCQ	Health Education of children is a role shared by	Home and school	Teachers and adminsitrators	Government and Teachers	State and local government	A	eExam
MCQ	One's ability to perform a given physical work for a long period without undue fatique is known as	Work fitness	Energy fitness	Physical fitness	Psychological fitness	С	eExam
MCQ	Pregnancy starts with fertilization of the	Sperm	Uterus	Ovum	Fallopian tube	С	eExam
мсо	Which of the following personnel are involved in school health services	Teachers, nurses, physcians and dentists	Psychologists, Physical education teachers and opht halmologists	Teachers and head teachers alone	A and B above	D	eExam
MCQ	Nutrition for pregnant women should contain	Food rich in protein	food rich in carbohydrates	Food rich in fats/oils	Balanced diet	D	eExam

MCQ	Scope of maternal welbeing includes	Diet during pregnancy	Education for pregnant women	Foetal development	All of the above	D	eExam
MCQ	Which of the following is considered a major disorder in pregnancy	Morning sickness	Eclampsia	Oedema	Constipation	В	eExam
MCQ	A school first aid box should contain	Sterile gauze, bandages and absorbent cotton	injections and syringes	Surgical knives equipment	surgical theatre equipmment	A	еЕхат
MCQ	School health services can help in	Preventing and controlling diseases	Appraise health status of school pupilb	detect and correct remediable defects	All of the above	D	eExam
MCQ	The spread of diseases such as measles, chicken pox, polio and small pox among school chilldren can be prevented through	immunization	hospitalization	first aid treatment	All of the abovee	A	eExam
MCQ	Which of following areas should be included in teachers observation of pupils	general appearance	eyes, ears, nose, throat and tecth	Health attitude and practices	All of the above	D	eExam
MCQ	When school make arrangement for sending sick children to another medical center, this is called	Diagnostic services	Screening services	Referral services	transfer services	С	eExam
MCQ	Which of these is a form of rest	Sleep	Reading	Listening to music	All of the above	D	eExam
MCQ	Regular physical exercise promotes	effective functions of the heart and lungs	effective functions of the ears and mouth	effective functions of the body minerals	effective functions of the body fats and oils	A	eExam
MCQ	Good personal hygiene involves	Care of hands, skin, hair and environment	Care of nose, eyes and body	All of the above	none of the above	С	eExam
MCQ	Food healthy growth and development, children require	Carbohydrates and Proteins	Proteins and vitamins	Proteins, water and minerals	All of the above	D	eExam
MCQ	Natural due, moral claim and legal entitlement of a child is called	Rights of a child	Previledges of a child	Duties of a child	Roles of a child	А	eExam
MCQ	Nutritional related diseases include	Diarrhea and pneumonia	Measles and tetanus	All of the above	None of the above	С	eExam
MCQ	Children are prone to injuries on the playground so they require	Adequate instructions from teachers	Adequate supervision from teachers	Adequate warning fro teachers	Adequate equipments for play	В	eExam
	MCQ	includes MCQ Which of the following is considered a major disorder in pregnancy MCQ A school first aid box should contain MCQ School health services can help in MCQ The spread of diseases such as measles, chicken pox, polio and small pox among school chilldren can be prevented through MCQ Which of following areas should be included in teachers observation of pupils MCQ When school make arrangement for sending sick children to another medical center, this is called MCQ Which of these is a form of rest MCQ Regular physical exercise promotes MCQ Good personal hygiene involves MCQ Food healthy growth and development, children require MCQ Natural due, moral claim and legal entitlement of a child is called MCQ Nutritional related diseases include MCQ Children are prone to injuries on the playground	includes MCQ Which of the following is considered a major disorder in pregnancy MCQ A school first aid box should contain MCQ School health services can help in MCQ The spread of diseases such as measles, chicken pox, polio and small pox among school chilldren can be prevented through MCQ Which of following areas should be included in teachers observation of pupils MCQ When school make arrangement for sending sick children to another medical center, this is called MCQ Which of these is a form of rest MCQ Regular physical exercise promotes MCQ Good personal hygiene involves MCQ Good personal hygiene involves MCQ Food healthy growth and development, children require MCQ Natural due, moral claim and legal entitlement of a child is called MCQ Natural due, moral claim and legal entitlement of a child is called MCQ Nutritional related diseases include MCQ Children are prone to injuries on the playground instructions Adequate instructions	includes pregnancy pregnant women	MCQ Which of the following is considered a major disorder in pregnancy Deep considered a major disorder in pregnancy Eclampsia sickness Deep considered a major disorder in pregnancy MCQ A school first aid box should contain Sterile gauze, bandages and absorbent cotton injections and syringes alwinges and subsorbent cotton Surgical knives equipment MCQ School health services can help in Preventing and controlling diseases such as measles, chicken pox, polio and small pox among school chilldren can be prevented through Immunization hospitalization Appraise health status of school pupills MCQ Which of following areas should be included in teachers observation of pupils general appearance appearance appearance appearance arrangement for sending services Screening services Referral attitude and attitude and attitude and and tecth MCQ When school make arrangement for sending services Screening services Referral services MCQ Which of these is a form of pupils Sleep Reading Listening to music MCQ Regular physical exercise promotes effective functions of the functions of the functions of the ears and more services skin, hair and eyes and environment Effective functions of the ears and more services and environment All of the above power more appearance appearance appearance appearance appearance appearance appearance appearance appeara	Includes	MCQ Which of the following is considered a major disorder in pregnancy Memory size of the following is considered a major disorder in pregnancy Memory size of the following is considered a major disorder in pregnancy Memory size of the following is considered a major disorder in pregnancy Memory size of the following is considered a major disorder in pregnancy Eclampsia Operand Constipation B MCQ A school freat aid box should contain Sterile gauze, bandages and absorbent controlling of absorbent controlling of the feeth shattus of equipment in help in absorbent proxy politic and small pox among school children can be prevented through Appraise controlling of the feeth shattus of the equipment in poxy politic and small pox among school children can be prevented through Immunization should be included in should be included in should be included in should be included in special cannot be prevented through Immunization should be included in should

MCQ	What are the factors that threaten growth and development of children	Malnutrition	Micro nutrient deficiencies	Hunger	All of the above	D	eExam
MCQ	What is the cause of infertility	Inability of ovum to reach the uterus	Inability of sperm to reach the ovum	Anorexia nervosa	All of the above	D	еЕхат
MCQ	Labour begins with	Closing of the cervix	Dilation of the Cervix	Contraction of the cervix	Bleeding of the Cervix	В	eExam
MCQ	Removing of baby through surgical operation is called	Cervical section	Caesarean section	Contraction section	Cervix section	В	eExam
MCQ	Why is antenatal care important for pregnant women	For normal labour and safe delivery	Successful lactation	A&B above	none of the above	С	eExam
MCQ	Which of the following helps maintain healthy pregnancy	Proper antenatal care	Eating of nourishing food	Adequate rest and sleep	All of the above	D	eExam
MCQ	Reproductive healthcare given to a pregnnt woman is called	faherlity wellbeing	Motherlity wellbeing	Maternal wellbeing	Materity wellbeing	С	eExam
MCQ	Health counselling and Health screening are components of	Healthful school living	School health services	School health instruction	School and community health	В	eExam
MCQ	Detecting deviant behaviouurs in children is done by	Psychologist	Psychiatrst	Pediatrists	Podiatrist	A	eExam
MCQ	Freedom to participate in play and recreational activities can be classified under	Right of education	Right to Association	Righht to leisure and recreation	Right to communication	С	eExam
MCQ	Determinants of health in child include	Shelter and good clothing	Good teachers and parents	Heredity and medical care	Growth and development	С	eExam
MCQ	Immediate care or treatment given to a child before seeking professional medical care is called	First aid box and treatment	First aid treatment	Emergency care	b and c	D	eExam
MCQ	The health facility of a school should be manned by	The teachers	The head teacher	The head boy and girl	Qualified medical personnel	D	eExam
MCQ	Which of these constitute mental characteristics of children	Short attention span	Curiosity	Exploration	All of the above	D	eExam
MCQ	Which of these is an emotional characteristics of children	Fighting	Sense of belonging	Self- centredness	Leadership and followership	A	eExam
MCQ	Physical characteristics include	Bed wetting	Postural problems	Restlessness	All of the above	А	eExam

MCQ	Poor muscle coordination can be classified as	Physical characteristics of children	Biological characteristics of children	Social characteristics of children	Emotional characteristics of children	A	eExam
MCQ	Interactions and associations within the environment is classified as	Physical environment	Psychological environment	Social environment	Biological environment	С	eExam
MCQ	Which of these can be classified as aphysical environmental factor in health	Water, Air and Food	Reptiles and insects	Petrol and gas	Drugs and medicines	A	eExam
MCQ	The income of the family which can influence health is referred as	Socio- Economic factor	Financial factor	Income factor	Status factor	A	eExam
MCQ	Passing down of genres and chromosomes to offsprings which can affect health is known as	Environmental factor	Heredictory Factor	Parental factor	Human factor	В	еЕхат
MCQ	Desirable table manners include	Proper chewing	Drinking enough water	eating slowly	All of the above	D	eExam
MCQ	Proper nutrition can be ensured by	Eating balanced diet	Eating regular meals	Eating food that contains all nutrients	All of the above	D	eExam
MCQ	Which of these is a good eating habit	Eating at intervals	Eating in between meals	Eating the right food at the right time	All of the above	С	eExam

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