



NATIONAL OPEN UNIVERSITY OF NIGERIA¹²³⁴
UNIVERSITY VILLAGE, NNAMDI AZIKIWE EXPRESS WAY, JABI, ABUJA
FACULTY OF HEALTH SCIENCES
DEPARTMENT OF NURSING SCIENCES

2020_2 Examination

PROGRAMME: BACHELOR OF NURSING SCIENCE (BNSc.)

COURSE CODE: NSC301

COURSE TITLE – HUMAN BEHAVIOUR IN HEALTH AND ILLNESS

CREDIT UNITS: 2

TIME ALLOWED: 2 HOURS

TOTAL MARKS: 70%

INSTRUCTION: ANSWER ALL THE QUESTIONS

Question 1

The term behaviour generally refers to the actions or reactions of a person or animal or plant in response to external or internal stimuli.

- (a) Discuss three principles of human behaviour **9 marks**
- (b) Briefly explain the common perspectives of illness **9 marks**
- (c) Describe the following terms
- Illness
 - Disease **6 marks**
- (d) Enumerate the components of illness dynamics under the three major categories **6 marks**

Question 2

Human behaviour has observable demonstration of skills and characteristics as well as definitive expression of such characteristics.

- (a) Describe ten (10) Features of Human Behaviour **15 marks**
- (b) Describe the following concepts:
- i. Transmission of Disease
 - ii. Social Significance of Disease **(5 marks)**

Question 3

The perspectives of an individual about their health can be grouped into **Holistic, positive and negative dimensions.**

- (a) Explain each of these perspectives **6 marks**
- (b) Identify at least **one (1)** advantage and **one (1)** disadvantages of each of these perspectives of health. **6 marks**
- (c) Define Acute and chronic illnesses **2 marks**
- (d) Enumerate six (6) types each of chronic and acute illnesses **6 marks**