

**NATIONAL OPEN UNIVERSITY OF NIGERIA**

**14/16 AHMADU BELLO WAY, VICTORIA ISLAND, LAGOS**

**SCHOOL OF SCIENCE AND TECHNOLOGY**

**JUNE/JULY EXAMINATION**

**COURSE CODE: NSS401**

**COURSE TITLE: Mental Health and Psychiatric Nursing (3 units)**

**TIME ALLOWED: 3 hours**

**INSTRUCTION: Answer any 5 questions**

**Question 1:**

**1a**. What do you understand by mental health? (10 marks)

**1b**. Briefly explain Maslow’s theory of human needs (10 marks)

**Question 2:**

Discuss the characteristics of positive mental health (20 marks)

**Question 3**

What are the general principles of Psychiatric Nursing? (20 marks)

**Question 4**

Explain the predisposing and exciting (precipitating) causes of mental illness

(20 marks)

**Question 5**

**5a.**Define Hallucination? (5 marks)

**5b.**Identify and explain types of hallucination? (15 marks)

**Question 6**

**6a.**What is mental status examination? (5 marks)

**6b.**In mental status examination, the health practitioner is expected to take note and assess specific areas. Identify and briefly explain such areas(15 marks)

**Question 7**

**7a**. What do you understand by defense mechanism (10 marks)

**7b**. Explain the following types of defense mechanism:

* Projection(5 marks)
* Rationalization (5 marks)