[KHE206] The class of sports skill that is often used with open and closed continuum is â€¦â€¦â€¦

Serial

[KHE206] Which of this is an example of gross skill

Shot put

[KHE206] The class of sports skill that is concerned with the effects of the environment on skills is â€¦â€¦â€¦â€¦..

The Open and Closed Continuum

[KHE206] Which of these is not a classification of sports skill movement

The Shear and Shell Continum

[KHE206] Which of these is NOT a technique in sports

Watch

[KHE206] Skills are often performed with â€¦â€¦..

Minimum effort

[KHE206] Any physical activity that is performed for the purpose of improving, maintaining, or expressing a particular type(s) of physical fitness is called â€¦â€¦â€¦.

The External and Internal Paced Continuum

[KHE206] A group of discrete skills strung together to make a new and complex movement is called â€¦â€¦... skills

Exercise

[KHE206] Sports skills are motor skills that are affected by â€¦â€¦.. number of factors

Three

[KHE206] Which of these is NOT a type of movement that the body can perform

Sleeping

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which of these is not a classification of sports skill movement

(B) the shear and shell continum

any physical activity that is performed for the purpose of improving, maintaining, or expressing a particular type(s) of physical fitness is called â€¦â€¦â€¦.

(B) the external and internal paced continuum

the class of sports skill that is concerned with the effects of the environment on skills is â€¦â€¦â€¦â€¦..

(C) the open and closed continuum

which of this is an example of gross skill

(A) shot put

a group of discrete skills strung together to make a new and complex movement is called â€¦â€¦... skills

(B) exercise

which of these is not a type of movement that the body can perform

(C) sleeping

sports skills are motor skills that are affected by â€¦â€¦.. number of factors

(C) three

the class of sports skill that is often used with open and closed continuum is â€¦â€¦â€¦

(B) serial

which of these is not a technique in sports

(D) watch

skills are often performed with â€¦â€¦..

(A) minimum effort

The bones of the axial skeletonn consist of the head,n the vertebral ncolumn, ribs and â€¦â€¦â€¦â€¦

(A) Sternum

â€¦â€¦â€¦â€¦.. is a thin and delicaten membrane that is tightlyn bound to the surface nof the brain and spinal cord.

(A) Pia Mater

The meningesn surround the brainn and spinal cord in â€¦â€¦â€¦.. layers

(B) Three

The skull bones consist of the following except

(D) Cervical

The cranial bones nconsist of the following except

(D) Appendages

The number and nnames of the facial nbones are these exceptâ€¦â€¦â€¦..

(A) Frontal

An example of long bone is â€¦â€¦.

(A) Bone Of The Thigh

One of these is not amongn the names of the ear bones

(B) Auditory

Bones of the vertebral ncolumn include then following exceptâ€¦..

(D) Cranial

The foramen magnum nis point where then brain is connected to the

(D) Spinal Cord

Physical fitness components are â€¦â€¦. In number

(B) Two

The following elements defines physical activity exceptâ€¦â€¦..

(D) Running

knowing and applying the exact amount of force to throw a handball across the handball court to an advancing and strategically placed partner during a handball contest is a measures of his/her â€¦â€¦â€¦ perception.

(C) kinaesthetic

Skill-related components of physical fitness include the following exceptâ€¦â€¦â€¦..

(D) Flexibility

The class of sports skill in which the timing of the performance of the skill is not controlled by the performer, but by an outside instigator is â€¦â€¦â€¦â€¦

(D) Externally paced skills